



Residents and Families

# Transformation Tales

Issue 1 August 2016

Welcome to our first edition of the “Transformation Tales”!

The “Transformation Tales” newsletter will be used to keep residents, families, representatives and other visitors informed of the new and exciting model of care that we are implementing at Mountain View Aged Care Plus Centre called the Butterfly Household Care Model.

## The Butterfly Household Care Model is person-centred care in action

The internationally recognised Butterfly Household Care Model was originally pioneered in the UK by Dementia Care Matters and will transform the way we care for our residents living with dementia by introducing family-like environments and person-centred care to ensure they can live meaningful lives.

Focused on enablement rather than dependence, the care provided will be guided by residents’ interests instead of being task oriented. The daily routines will give way to a relaxed, unscheduled day allowing residents to openly express their feelings and emotions.

The main concept of becoming a Butterfly Home is that people living with dementia will have an improved quality of life; that we look after their emotional needs, that we “live in the moment” with them, get to know the real person behind the diagnosis of dementia, and move away from task orientated care and move towards person-centred care. Each person will be valued for who they are, not who we would like them to be.



## The launch at Mountain View Aged Care Plus Centre

In an Australian first, The Salvation Army Aged Care Plus launched this revolutionary model of dementia care on Thursday, 14 July 2016, joined by aged care industry representatives, federal government members and The Salvation Army Aged Care Plus.

The Butterfly Household Care Model was officially launched by Dr David Sheard, Founder and CEO of Dementia Care Matters UK and Aged Care Plus CEO, Sharon Callister. Dementia Care Matters selected Aged Care Plus as one of only two care providers in Australia to pilot this exciting and ground breaking model.



Pictured above is Dr David Sheard from Dementia Care Matters at the launch.



Pictured above at the launch is Helen Blayden, Centre Manager, Mountain View Aged Care Plus Centre.

## The changes you will see at Mountain View Aged Care Plus Centre

The world is changing, as it does! We evolve. We grow. We adapt. Change at the very beginning can be difficult, and although there can be challenges during the process, in the end it can be beautiful. In the next 12 months Mountain View Aged Care Plus Centre will embark on a wonderful journey of change. A change that will bring meaning to all of our lives.

Over the coming months, you will notice a lot of changes happening in our memory support unit, and we will certainly keep you updated with photographs.

The whole environment will be changing, starting with a lot of painting, with bright vibrant colours to make the environment more meaningful and engaging for our residents.

We will have one to one meetings with families to ensure everyone understands

what is happening and how these changes in care and the environment will have a positive impact on your loved one's life.

At Aged Care Plus, we believe in giving the best quality care to our residents. This innovative approach will bring essential change not only to the lives our residents, but also to their families and to our staff. I am full of confidence that through our collective and collaborative effort we can reach our goal of becoming a Butterfly Home recognised throughout Australia and around the world.

I need all of your help no matter how small to release Mountain View Aged Care Plus Centre from the cocoon that has enveloped the Centre, so that in a years' time Mountain View will flourish colourful wings and thrive full of happiness and positive emotions that will enable residents with dementia to feel alive again.

If you have any questions please come and see me and I would be happy to chat further to you.

Helen Blayden  
Centre Manager  
Mountain View Aged Care Plus Centre

## Building on our award winning person centred care

We believe all of our residents, not just those living with dementia, need a tailored, individualised approach to care, which takes into account their rich histories, likes and dislikes and their life stories.

Providing quality person-centred care is not a new thing for Aged Care Plus. We have previously been recognised externally for our achievements in this area having received Better Practice Awards in mental health care models at Carpenter Court Aged Care Plus Centre in Newcastle in 2014 and Montrose Aged Care Plus Centre in Sydney in 2015.

In addition, our ongoing work in nurturing spiritual and emotional wellbeing through spiritual care assessment and planning is also highly regarded, but at Aged Care Plus we are always keen to do more and keep improving.



## Keeping you updated

We will continue to keep you updated with this bi-monthly newsletter. Please contact Centre Manager, Helen Blayden, with any feedback or questions.

For further information on Dementia Care Matters and the implementation of the Butterfly Household Care Model in Europe, UK and Canada, please visit [www.dementiacarematters.com](http://www.dementiacarematters.com)