



Safeguarding Emotions Matters in Dementia Care

ERA - Emotions and Risk Assessment:

Who

Name of Person:

Name of Care setting:

What

What is the hazard?

What are the **views and wishes of the person** in relation to this hazard?

What is known about this individual's **life story experiences and interests** which might relate to this hazard?

Where

Where will this hazard occur?

When

What will be the frequency of this hazard?

Why it matters

Needs

What **social and psychological needs** does this hazard potentially meet for the person?

Please indicate below in priority order 1 - 14 which needs this hazard fulfils with a ✓
(‘1’ indicating the main need that is being met and 14 the least need – not all need to be ticked).

- Being loved Have comfort Confirming identity Feeling busy and occupied
Having acceptance Being included and belonging Feeling attached/secure
Feeling needed and purposeful Experiencing enjoyment Having self-respect
Meeting the persons spirit Continuing life history Expressing warmth/affection
Continuing abilities

Benefits

What are the potential **benefits** of this hazard to this person’s well-being/contribution to their quality of life?

How would you rate the **benefits** of this activity to the person?

High Medium Low

(High or Medium benefits would indicate serious evidence for the hazard being supported to occur)

Risks

What are the **potential risks** involved in this hazard?

Degree

Rate each risk above as High, Medium or Low

High Medium Low

(Risks rated High need a Risk Reduction Plan to support the hazard occurring)

Harm: Quality of Life Consequence

Has this hazard already been tried and has **harm** ever occurred? Yes / No

What was the harm?

If Yes - what degree of harm has occurred?

High Medium Low

If the hazard has not been tried or occurred, what is the **likelihood** of harm?

To the person? High Medium Low

To other people? High Medium Low

How **severe** would it be? To the person? High Medium Low

To other people? High Medium Low

(High levels of harm need reducing at least to Medium for the hazard to be supported to occur)

Feelings: Emotional Hazards

What is the potential harm in this person **not** being able to undertake this hazard?

Think about the most likely harm to occur if experiencing the hazard is prevented. (There may be more than one feeling affected)

Please list in priority order from 1 - 14 ('1' being the most likely harm to occur and ✓ up to 14 those relevant.

Boredom Isolation Reduced independence Loss of abilities Anxiety

Reduced freedom Loss of self-worth Despair Anger Grief

Fear Withdrawal Sadness

What is the severity of this harm emotionally to the person?

High Medium Low

(If high severity this should have equal consideration with Risks and be balanced carefully even if Degree of Risk is high)

Views

What are the views and wishes of the relative(s) or key people in the person’s life?

How

When balancing the risks and benefits of this hazard, will the person be supported to do it?

Yes No

If yes, how will this be achieved?

If no, how will the person’s emotions still be supported?

Risk Reduction

What can be done to both reduce the likelihood of the hazard and the severity of the risk coming together?

Who will do this?

How will this be documented?

Alternatives

Is there any alternative that might support the person’s well-being?

Review

How and when will this be reviewed?

Completed by:

Job Title: Date:

This is a good practice guide currently being developed by Dementia Care Matters and subject to further review. It is the responsibility of any services or individuals to ensure this guide meets both current statutory and organisational requirements.

